

The Sourdough

S E N T I N E L

Aug. 12, 2005

Elmendorf Air Force Base, Alaska

Vol. 56, No. 32

Combat Skills

*Practicing
the art of
war*



-- Pages 10-11



PHOTO BY TECH. SGT. KEITH BROWN

Lt. Col. Richard Sheppard, 90th Fighter Squadron director of operations, is only the seventh pilot to acquire 3,000 flying hours in a F-15E Strike Eagle. He accomplished the feat Aug. 5. He is the only 90th FS pilot to hold this distinction.



Brig. Gen. Hawk Carlisle
3rd Wing commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done? The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

552-2224
actionline@elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

Key phone numbers:

- Lt. Col. Mike Hass, 3rd CES/CC
552-3007
- Lt. Col. David Aupperle, 3rd SVS/CC
552-2468
- Lt. Col. Robert Garza, 3rd SFS/CC
552-4304

Q: I have a complaint that I am very surprised has never been addressed before.

When you are leaving the main part of base headed down Vandenberg and you reach the intersection with Provider Drive where you turn left going toward the Joint Military Mall and Elmendorf Hospital, why are there two turning lanes that must merge into the left lane immediately after the turn?

Most drivers, like myself get into the left lane, but there are always a few aggressive drivers that try to push their way into the left lane, almost causing accidents.

The same scenario is true for the two lanes that go straight toward the Boniface gate.

The right lane leads you through the barriers, but drivers who are in a hurry and don't want to wait in line, take the left lane and try to bully their way into the right lane, once again, nearly causing an accident.

A: The merging traffic at the Vandenberg and Provider intersection is a fact of life, since Provider is reduced to one lane just prior to Vosler and because of the place-

ment of the exit barriers post Sept. 11, 2001.

Overall, merging traffic lanes can work well if everyone is driving professionally and courteously.

The original design intent of two left turning lanes on Vandenberg was to provide stacking room for the large amount of cars during heavy use periods.

This situation has been discussed at traffic committee meetings, where we considered closing one of the turn lanes.

However, our experts agree that this would only serve to push the merging of traffic and the line of stopped traffic further north on Vandenberg, toward Ship Creek, posing a greater hazard than the current situation.

We are looking for solutions to the Provider/Vosler traffic light that is often the culprit for causing a bottleneck on Provider.

We drew similar conclusions regarding the lanes leaving through Boniface Gate, where the two lanes leaving were intended to allow smooth flow of heavy traffic with the barriers wide open.

The merging of traffic should occur as close to the actual merge

location as possible and should occur in an alternating, "your turn, my turn," fashion.

We encourage everyone to use the lanes as they were intended and be patient and courteous in their driving habits.

POW/MIA Ceremony set

Sept. 16 is National POW/MIA Recognition Day.

If you are interested in assisting with the event, please contact 1st Lt. Dennis Lewis at 552-4481, email dennis.lewis@elmendorf.af.mil, or Capt. Timothy Foery at 552-9037, email timothy.foery@elmendorf.af.mil.



Staff Sgt. Christopher Cranfill, 3rd Civil Engineer Squadron, organized a two day, one night deployment of 148 Prime BEEF warriors. His leadership for Exercise SALMON ANXIETY ensured top notch Bare Base Beddown and Base Recovery After Attack training. He developed a realistic training scenario and single-handedly coordinated the huge logistics effort (meals, water, communications systems, transportation).

3rd CES SNCOs' said: "Best deployment training in five years... huge boost to troop morale!"

Senior Airman Matthew Nustvold, and Airmen 1st Class Jason Wilburn and Daniel Gese, 3rd Equipment Maintenance Squadron, munitions flight, were instrumental in assisting a weapons system upgrade Depot Team during a Time Compliance Technical Order on 2 ANGJM-65 test sets and 14 AGM-130/GBU-15 trainers valued at \$4.8 million.

They were lauded for their knowledge of the multi-million dollar weapon system.

The completion of the TCTO enabled continued training of the 3rd Wing's only "Man in the Loop" weapon system, ensuring the 90th Fighter Squadron could meet its critical Air-To-Ground mission.

Senior Airmen Matthew Bryan and Mandy Weidig, and Airman 1st Class Casey Converse, 962nd Airborne Air Control Squadron, weapons and tactics flight, inventoried five security containers, accounting for more than 470 classified items and properly destroying more than 143 pieces of outdated classified material in less than a week.

They fashioned a complete and accurate inventory, ensuring complete accountability of squadron classified information. Their efforts brought the weapons and tactics shop into full compliance with all regulations, which led to zero discrepancies during the 3rd Wing security inspection.



The Sourdough
SENTINEL

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Best in DoD 2000
Best in Air Force
1999, 2000 & 2001
Best in PACAF
1998, 1999, 2000 & 2001

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3rd Wing Moment in History
August 12, 1940:



Merrill Field, Aug. 1940, the first 11th Air Force headquarters

Maj. Everett S. Davis, Staff Sgt. Joseph A. Grady, and Cpl. Edward D. Smith landed at Merrill Field in a Martin B-10B bomber. They were the forerunners of what would later become the Eleventh Air Force. The three established a temporary headquarters on Merrill Field until facilities could be completed at Elmendorf Field, where construction the air base had begun June 8, 1940.

More than 450 selected for staff sergeant

With the release of the list of those selected for promotion to staff sergeant, the 3rd Wing is again leading the way. The Air Force averaged a 40.14 percent selection rate for those eligible while the 3rd Wing’s selection rate was 47.94 percent, 3.32 percent above the Pacific Air Forces’ selection rate.

The following Arctic Warriors were selected for promotion to staff sergeant:

11th Operational Weather Squadron
Coester, Audrey
Mayeux, Jonathan
Scanlin, Timothy

611th Air Intelligence Squadron
Justice, Russel
Keller, Andrew
Salle, Kaitlin

611th Civil Engineer Squadron
Seawright, Benny
Yambao, Michael
Wetzel, Angelica

3rd Wing
Graves, Rebecca
Hutchens, Charles
Madden, Karlie
Parker, Darryl

3rd Comptroller Squadron
Dunn, Jason
Larsen, Christopher
McGee, Chrystle

3rd Operations Support Squadron
Ashburn, Andy
Barr, Tamra
Brown, Ronald
Davenport, Katherine
Klobucar, Sara
Manfreda, Amanda
Nickel, Salamasina
Prasuhn-Robinson, Devin
Valentine, Nicole

12th Fighter Squadron
Coyner, Andrew
Russell, Devin

19th Fighter Squadron
Spradley, Steven

90th Fighter Squadron
Scheuneman, Cori

517th Airlift Squadron
Adams, Brenda
Ledwich, David
Martin, Philip
Mason, Jeffrey
Monroy, Adam

962nd Airborne Air Control Squadron
Bryan, Matthew
Figueroa, Alexandria
Heavner, Erik
Shipman, David

3rd Maintenance Group
Ellis, Daniel
Mcdowell, Elizabeth
Ross, Zachary

703rd Aircraft Maintenance Squadron
Beattie, Robert
Bird, Galen
Boyd, Jason
Carlson, Matthew
Dase, Phillip
Fitzgerald, Michael
Fleischmann, Brian
Gowen, Jason
Harding, Richard
Hardy, Stephanie
Harrelson, Christopher
Harris, Elizabeth
Harris, John
Hernandez, Juan
Hoffman, Kyle
Hudson, Travis
Hutchinson, John
Johnson, Todd
Jolly, Matthew
Juanatas, Michael
Mahaffey, Lisa
McGee, Keith

McIlheran, Chad
Mitchell, Marcus
Morris, Jason
Prentice, Samuel
Rawlings, William
Rosso, Dana
Scott, Alexius
Walter, Patrick
Warren, Garfield
Wilson, Edward

3rd Maintenance Operations Squadron
Barton, Derrick
Burton, Robert
Kretz, Anthony
Nelson, Trevor
Rivera-Rodriguez, Leonel
Rudik, Stephen
Schmidt, Calvin
Vanskike, Heather
Williams, Cody

3rd Aircraft Maintenance Squadron
Allen, Michael
Bailey, Bishop
Blahut, Michael
Bovee, William
Braddock, Zachary
Brubaker, John
Cabrera, Christopher
Chand, Niles
Conklin, Skyler
Daudt, Kenneth
David, Joshua
Doll, Rodney
Dunton, Richard
Forsse, Ryan
Friesen, Luke
Gallagher, Robert
Gooch, Brandon
Hancock, Mindy
Hassan, Zachary
Heilig, Joshua
Hobbs, Ryan
Hood, Carrie
Jonas, Enoch
Keuma, Tyson
Kratz, Chad
Kutcher, Kyle
Ling, Mark
Loging, Brad
Lujan, Dwayne
Maestre Joseph
Mauriello, Michael
Miller, Jacob
Mitchell, Anthony
Mize, Kenneth
Nelson, Jeffrey
Parker, Tony
Silbernagel, Kenny
Smith, William
Snow, Justin
Stice, Ryan
Stubbs, Shawna
Sweet, Anthony
Thompson, Matthew
Thor, Alexander
Todd, David
Tuinei, Trina
Vanskike, William
White, Zachary
Wilson, Edward
Winkle, Michael

3rd Component Maintenance Squadron
Barnett, Christopher
Barranca, Antonio
Bistodeau, Justin
Coleman, Jason
Colter, Scott
Delaney, Jeffrey
Esquivel, Marcus
Faith, Jason
Gordon, Emilio
Gruver, Jarod
Hazen, Cameron
Hicks, Timothy
Howell, Paige
Jones David
Keller, Quintin
Martin, Michael
McDonough, Stephen
Merida, Steven
Moses, Joel
Munstermann, Niles
Oliver, Vincent
Perez, Justin
Peterson, Matthew
Popovich, John
Quigan, Michelle
Rull, Jonmichael
Santiago, Axel
Seay, James
Sharp, Justin
Spence, Kevin
Spuhler, Thomas
Taylor, Jacob

Trappett, Samuel
Walling, Tyler

3rd Equipment Maintenance Squadron
Allen, Brian
Allison, Nathan
Alvarado, Christopher
Andrade, Rey
Anthis, Troy
Ashton, Jacob
Barberree, Rickey
Baum, Jeremy
Bevel, Christopher
Bonaccorso, David
Boyce, Cody
Brase, Paul
Burch, Jeremy
Busey, Ryan
Caldeira, Justin
Cordes, Christina
Crannick, Michael
Defreece, Mark
Deleon, Anthony
Derry, Nicholas
Dooley, Bruce
Dry, Karen
Dudley, Torrey
Dufresne, Ryan
Ebinger, Matthew
Eggemeyer, Jess
Elliott, Daniel
Ekiss, Gabriel
Frye, Shelly
Fullard, Joseph
Gagnon, Eric
Goenner, Michael
Graham, Mollie
Greco, Derrick
Greynolds, Kevin
Harrison, Laura
Haynes, Carl
Henton, Lucas
Hernandez, Marcus
Hill, Daren
Holloway, James
Hudson James
Kooley, Jerrad
Ladner, Drake
Langton, Nicholas
Lozano, Louie
Martino, Sabrina
McCracken, Eamon
McNally, Scott
Michaud, Todd
Mizell, Rozetta
Murphy, Michael
Neville, Matthew
Nicoson, Terry
Norris, David
Olson, Matthew
Paet, Nathan
Paul, Melissa
Penna, Jason
Pennock, Joseph
Phillips, John
Platt, Roxanna
Redington, Joshua
Rinko, Michael
Robbins, Steven
Robinson, Sean
Rodriguez, Jose
Rodriguez, Paul
Rokusek, David
Rota, Michael
Simpson, Dolan
Speck, Justin
Stears, Bartholomew
Stegemoller, Bradley
Stewart, Derek
Strauss, Michael
Tresenrider, Melissa
Turner, Timothy
Underwood, Todd
Vanderzanden, Angel
Westcott, Michael
Whitworth, Dustin
Wilson, Louis
Yuenger, Shaun
Zell, Jeffrey

3rd Logistics Readiness Squadron
Baker, David
Batman, Daniel
Bilchak, Carrie
Bowie, Jonathan
Campos, Cesar
Cantu, Marquia
Carter, Raymont
Crockett, Andreais
Dalsing, Jonathon
Farrington, William
Fernandez, David
Garcia, Carlos
Gonzalez, Oscar
Graves, Jacob
Green, Colleen
Harvey, Lamar

Hedrick, Jonathan
Holley, Charles
Hose, Daniel
Jones, Brandon
Kibe, Glenn
Kinlaw, Jason
Lopez, Joaquin
May, Brandon
Mcpeak, Phillip
Mendoza, Armando
Michels, Nicholas
Nieto, Alfonso
Orellana, Joseph
Pinkley, Roy
Rippy, Jesse
Sage, Christopher
Schultz, Frederick
Simmons, Joseph
Smith, Justin
Taulbee, Christopher
Tennant, David
Tennant, Erin
Tingler, Joshua
Van Damme, Michael
Van Damme, Shana
Williams, Micheal
Winstead, Christina
Woolever, Travis

3rd Contracting Squadron
Snyder, Jerad

3rd Mission Support Squadron
Beck, Adam

3rd Civil Engineer Squadron
Burgess, Adam
Canete, Joemil
Allen, Norman
Andrews, Chad
Baker, Kevin
Bonilla, Juan
Early, Dave
Ferre, Jorge
Greene, Joseph
Hester, Michael
Klinkenberg, Jenna
McClary, Michael
Miller, Joshua
Mitokpe, Hodonou
Orzechowski, Jonathon
Padilla, Ronald
Phifer, Anthony
Rhodes, Jared
Rogan, Luke
Scarbrough, Ernest
Thomas, Bobby
Waddy, Angelo
Wankowski, Carl

3rd Security Forces Squadron
Abel, David
Ball, Charles
Clay, Anthony
Dejesus, Michael
Flanagan, Brian
French, Kristina
Goodall, Joseph
Gould, Jonathan
Konczak, Billy
Lewiston, Benjamin
McMillan, John
Nadler, Brian
Pospischil, Nicholas
Roy, Scott
Weisler, Shawn
Weissman, Shawn

3rd Services Squadron
Gray, Russell
Nadler, Pam
Naji, Aaron
Parmenter, Carrie
Thibault, Justin

3rd Communications Squadron
Adams, Amber
Callahan, Vincent
Crawford, Seth
Fenimore, Kyle
Fernandez, Tisha
Fredieu, Michael
Garrett, Patrick
Heise, Katherine
Iosefo Josie
Kanny, Scott
Mills, Nathaniel
Murphy, Carlos
Odden, Stephanie
Olson, John
Ramirez, Monica
Ramos, Christopher
Rogers, Brian
Shaw, Ramease
Skelton, Bradley
Stainback, Richard
Thompson, Winifred

3rd Medical Operations Squadron
Johnson, Tina
Jozefiak, Shine
Oakley, Hannah
Storey, Carrie
Tackett, Richard
Vyvial, Daisy
Watamaleo, Tara

3rd Dental Squadron
Ayo, Mercylen
Brock, Kendra
Cheek, Bobby
Farr, Krista
Greene, Jennifer

3rd Medical Support Squadron
Caracosa, Luis
Contri, Cassandra
Ehrin, Courtney
Gray, Vallon
James, Patrina
Mendez, Stalissa
Myers, Jennifer
Olson, Jacob
Pagliuca, Mark
Struthers, Joseph
Villalinas, Omar

3rd Aerospace Medicine Squadron
Albano, Rachel
Cox, Twyla
Likens, Danica
Santilli, Jennifer
Segovia, Roel
Smith, Christina

Air Force Band of the Pacific
Bowman, Craig
Raybourne, Darren

381st Intelligence Squadron
Benavides, Antonio
Black, Matthew
Bogle, Randall
Boyce, Everette
Brogdon, Joy
Buckwalter, Joshua
Caldwell, Christopher
Carlson, Catherine
Carper, Timothy
Carter, Jerred
Christian, James
Collins, Justin
Curtis, Michael
Deleo, Daniel
Earnest, Thomas
Fiebrink, Adam
Freeman, Robert
Gill, Nicole
Hepworth, Jessica
Hogge, Jason
House Matthew
Hoyt, Michael
Hoyt, Michelle
Kingsley, Jason
Lardie, Amber
Lonsdale, Casey
McComas, Jennifer
Mealy, Jillian
Mongin, Stacey
Mott, Anthony
Muffoletto, Corey
Palmer, Daniel
Palombo, Jeffery
Polite, Artavious
Pontious, Justin
Reed, Douglas
Ritter, Julie
Rushing, Gregory
Soergel, Amanda
Turner, George
Walker, John
Weadon, Mary
Weitnauer, Ronald
Widmer, Rebecca
Reisz, Misti

732nd Air Mobility Squadron
Chapman, Jacob
Delvecchio, Antonio
Gallo, Matthew
Hilmanowski, Donald
Hogue, Joseph
Kaufman, Michael
Lambert, Brandon
Moore, Melanie
Palsgrove, James
Parker, Donzel
Pepin, Jodi
Rippy, Daphne
Schaal, Andrew
Schopperle, Peter
Walker, Andrew
Zeisler, Timothy

School time right around the corner

Prepare now for registration, gathering of supplies

The end of summer is rapidly approaching, and with it begins another school year. The first day of school for grades 1-12 will be Sept. 6, and kindergarten class will begin Sept. 12. If you need assistance determining the school your child will attend, call 348-5190. Registration for the district will be as follows:

Kindergarten

From Sept. 6 to 9, kindergarten teachers will meet individually with parents and students for a brief orientation and assessment activities. During the orientation conference, parents will complete a questionnaire and students will participate in several activities. The interaction with the students will help teachers compile information needed to complete the Developmental Profile required by the Alaska Department of Education and Early Development. This information also assists teachers in making decisions about classroom instruction and helps establish a positive partnership between the home and the school. Call Elementary Education, 742-4254, for more information.

Elementary School
All new and returning elementary school students must register Tuesday - Thursday. Registration is held at each school. Kindergartners must be 5 years old on or before Sept. 1.

Register on these dates:
■ Tuesday, 9 a.m. to 3 p.m. (last names A-L)
■ Wednesday, 9 a.m. to 3 p.m. (last names M-Z)
■ Wednesday, 7-9 p.m. (last names A-Z)
■ Thursday, 9 a.m. to 3 p.m. (make-up)
Students who are not registered will not be placed on a class list prior to the first day of school.

Middle School
Doors are open from 8 to 11 a.m. and noon to 3 p.m. There is no alphabetical rotation. Schedules not picked up on the assigned day will be dropped from the computer at the end of the day and students will have to reschedule.

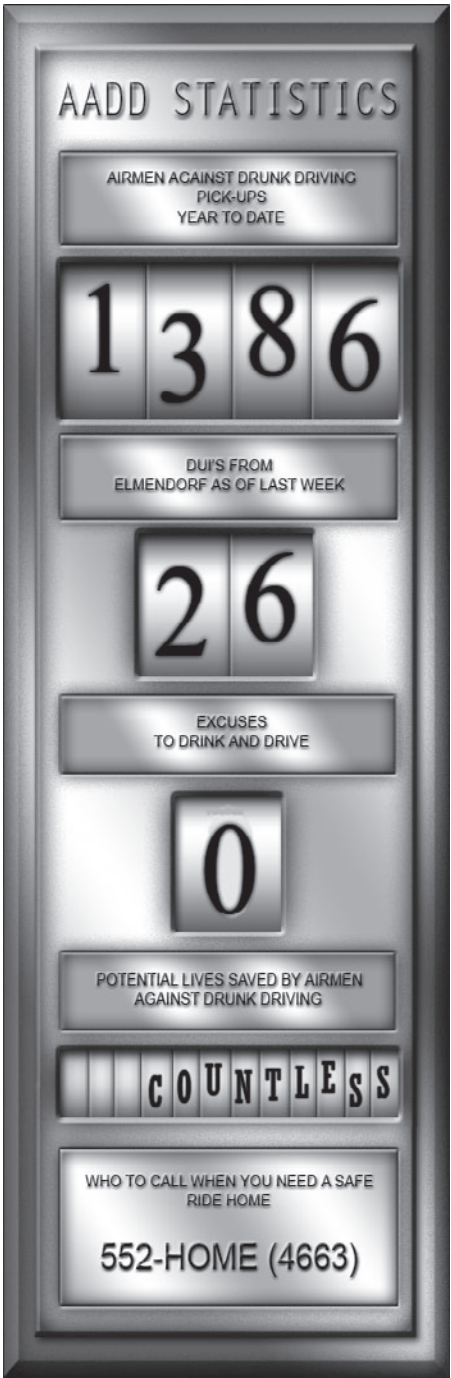
Register on these dates:
■ Tuesday . . . 8th grade
■ Wednesday . . . 7th grade

■ Wednesday . . . 7th & 8th grade make-up (4-7 p.m.)
■ Thursday . . . Mirror Lake 6th-grade registration, 7th & 8th grade make-up

High School
New-to-district high school students and in-district transfers may register and pick up the “Program of Studies” Monday-Aug. 19 at their home schools. Students should call the school to schedule an appointment. New students may pick up their schedules on their registration date listed below. Students must clear all fines/charges from the 2004-05 school year before they can activate their class schedule. Schedules not picked up on the assigned day will be dropped from the computer at the end of the day and students will have to reschedule. Alphabetical rotation for each day: Last name M-Z . . 8 to 11 a.m., Last name A-L noon to 3 p.m.
■ Aug. 22 Seniors
■ Aug. 23 Juniors
■ Aug. 24 Sophomores
■ Aug. 25 Freshmen

Back-to-school supplies
Supply lists vary according to teacher plans. Specific supply lists will be available at registration. However, there are some school supplies you can purchase that are sure

to get used. These supplies include crayons, #2 pencils, pens, scissors, a ruler, glue stick, lunchbox and backpack. In addition, a clean pair of athletic shoes (no black or blue soles) for physical education class is also recommended. For more school supplies information, visit the district’s Web site at www.asdk12.org. Free school supplies and coats are available to families in need through the “Helping Us Give School Supplies and Coats for Kids” community partnership. Informational fliers will be available at registration and additional information available on the HUGSS hotline, 644-8477. For those parents who have the time and want to become more involved, schools offer many opportunities. Join the school’s PTA, PTSA, advisory group or booster club and participate in its events. Ask the principal where he or she needs extra help. Research confirms that when parents are partners in their children’s education the results are increased motivation, higher self-esteem, improved achievement, better attendance, reduced dropout rates and decreased delinquency. For more information, call the Parent Networks at 279-3996. *(Compiled from the Anchorage School District)*



Confronting conflict and marriage

Commentary by Chaplain (Col.) Tom Schenk
22nd Air Refueling Wing

Domestic violence is a continuing plague in homes across America. Unfortunately, Air Force homes are not immune. There is some indication that domestic violence is increasing among our Airmen. Undoubtedly, the stress of numerous deployments has fueled the increase. That need not be the case, however.

Sacred scripture states that arguing, especially arguing that descends into violence, reflects immaturity. Immature people lack a proper understanding of conflict. Therefore, they mishandle it, leading to arguing, fighting and even violence.

As one who has argued more than I should in my 31 years of marriage, I have found sacred scripture to be “right on.” I argue with my spouse not because of conflict, but because of my immaturity. How does a mature person understand and handle conflict?

First, he or she expects conflict. The Creator has designed spouses differently, beginning with gender. Beyond gender, however, internal wiring -- our gifts and abilities, our passions, our personalities, our life experiences -- are different.

One is foolish to think that two very different people can live closely together without conflict. Conflict descends into arguing and violence

when one is surprised and unprepared for it. Mature people are never surprised by conflict. They expect it.

Second, a mature person respects conflict. While marriage is full of delight, it is also full of danger. Part of the danger is conflict. If you are unprepared and untrained for conflict, it will erupt into arguing and violence, blowing up your relationship.

No one would do convoy duty in Iraq without proper training to deal with improvised explosive devices. To do so would be foolish. In the same vein, to drive down the road of marriage without conflict training is just as foolish.

Mature people expect and respect conflict, so they make sure they are trained to defuse it.

Third, a mature person appreciates conflict. Unlike a roadside IED, there is a good side to conflict. Both men and women crave intimacy. They want to love and be loved, to honor and be honored, to know and be known -- not on a surface level, but down deep, to the core of their being. Mature people understand that you cannot achieve this kind of intimacy without conflict. Conflict is the price to be paid to become intimate with another person.

When I reveal my deepest self to my wife, she will be surprised and shocked by what she sees in me, and vice versa. Sometimes the shock comes because what we see is “bad.” But most often we are shocked be-

cause it is just different. Mature people are willing to shock and be shocked in order to be close. To avoid conflict is to avoid intimacy. Mature people appreciate conflict, because conflict is the pathway to drawing close to one’s spouse.

Finally, a mature person uses conflict. While respecting its dangers, the mature person appreciates its benefits. Therefore, the mature person uses conflict to improve his or her marriage. He or she does so by learning to handle conflict in such a way that it doesn’t blow up, but rather builds up the marriage.

Proper handling of conflict begins with communication. The mature person doesn’t shout to be heard, but becomes silent to hear. The mature person seeks first to understand before trying to be understood. The mature person doesn’t argue a case, but rather seeks a connection.

Conflict invites DV into your home. If mishandled, it invites domestic violence, inflicting hurt on all involved. Properly handled, however, it becomes a distinguished visitor that brings a new intimacy into your marriage. Your maturity determines which DV will visit your house. How mature are you?

To contact a local chaplain, call 552-4422. To contact Family Advocacy, call 580-5858.

Arctic Warriors of Week



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

Airman 1st Class Antonio Ruth

Duty title: 3rd Component Maintenance Squadron, aircrew egress systems apprentice
Hometown: Estill, S.C.
Hobbies: Basketball, football, fishing, hanging out with friends
Mission contribution: Provides quality maintenance and support for 3rd Wing units, to include readiness, scheduled maintenance, unscheduled maintenance, inspections and time changes on all assigned F-15C/D/E aircraft egress systems and subsystems
Time at Elmendorf: Three Months
Time in the Air Force: one year, eight months
Best part of being in Alaska: Being able to be so close to a part of nature and wildlife that I wouldn’t experience in South Carolina
Supervisor’s comments: “Airman Ruth exemplifies top military standards and continuously strives to excel not only at his job, but also in the local community.” Staff Sgt. Richard Baker



PHOTO BY AIRMAN 1ST CLASS GARRETT HOTHAN

Tech. Sgt. Jerry Jackson

Duty title: 732nd Air Mobility Squadron, unit deployment manager
Hometown: Spanaway, Wash.
Hobbies: Watching movies, surfing the Internet, cross country skiing
Mission contribution: Provides and monitors mobility readiness for Air Mobility Command’s Alaskan operations
Time at Elmendorf: 16 months
Time in the Air Force: 13 years
Best part of being in Alaska: Long summer days and spending time with his wife enjoying the many outdoor activities this state has to offer
Supervisor’s comments: “TSgt Jackson is unmatched in his dedication and drive to accomplish any task at hand. His duties often require him to work far outside his AFSC to stay on top of all facets of mobility that ensure the ‘Howlin’ Huskies’ are 100 percent combat ready.” Capt. Givey Kochanowski

Memorial commemoration

The Air Force Association invites all Alaskan veterans, citizens and visitors to attend the fifth annual 11th Air Force/Americans Home from Siberia Memorial ceremony today at Merrill Field starting at 9:30 a.m.

The memorial is located at the 15th Ave. and Lake Otis entrance. This event is free to all.

Retirement ceremony

Col. Gregory Miller, 11th Air Force vice commander, will retire from the Air Force today at 4 p.m. at Heritage Park.

In case of inclement weather, the ceremony will be held in Hangar 1.

Please join in honoring his service on the occasion of his retirement.

For more information, contact Capt. John Caranta at 552-1099 or email john.caranta@elmendorf.af.mil

Sports car competition

The Sports Car Club of America, Arctic Alaska Region, will hold its Solo II competition Saturday with check-in beginning at 9 a.m. at the open area adjacent to the Outdoor Recreation Center.

For more information, go to www.myautoevents.com or call Master Sgt. Robert Taylor at 552-9949.

Children’s theater

The Missoula Children’s Theater will present “Hansel and Gretel” Saturday at 3 p.m. and 7 p.m. at the Base Theater.

For more information, call 552-8529.

EOSO to meet

The Elmendorf Officers’ Spouses’ Organization invites all returning members and new alike to the first social of the year.

It will take place Thursday at 6:30 p.m. at the Susitna Club and is free.

For more information or to join, call Trish Gottschall, president, at 694-0123.

Golf tournaments

■ The Annual Air Force Ball tournament is scheduled for Aug. 19 at Eagleleglen. Cost is \$75 plus green fees. A cook out will follow the tournament. For more information, call 552-3821 or 580-1600.

■ The Base Championship tournament, open only to active-duty members, is scheduled for Aug. 20 at Eagleleglen. It will consist of a morning round and an afternoon round (36 holes). Sign up at the Eagleleglen pro shop. For more information, call 552-3821.

Narrator needed

The Air Force Ball Committee is seeking applicants to audition for the part of narrator/master of ceremony. If you would like to audition or have any questions, please contact Tech. Sgt. Sonja Turner at 552-6619.

Dining facility closure

The Kenai Dining Facility, located on Arctic Warrior Blvd., will

be closed Aug. 19 to Feb. 7, 2006 due to manning and deployments.

The Iditarod Dining Facility, located at 7535 Sharp Ave, and the Kenai Flight Kitchen will remain open for business.

Youth awards

The Spirit of Youth is dedicated to creating and promoting opportunities for youth involvement in their communities by increasing civic engagement, building leadership and providing media recognition for the positive contributions youth are making statewide.

SOY recognizes youths ages 12-19 and is accepting nominations for its 2006 awards.

For more information, go to www.spiritofyouth.org or call 566-7676.

Furniture available

The Furnishing Management Section, located in the Housing Office at 6326 Arctic Warrior Drive, has long-term loaner furniture available to both accompanied and unaccompanied E-4 and below authorized to live off-base.

It’s limited and issued on a first come-first served basis. Some items avail are: beds, chest of drawers, dressers, night stands, table and chairs, sofas, E-Z chairs, coffee tables, end tables, etc.

Come by the Housing Flight Office, Monday – Friday, 9 a.m. to 3 p.m. with your address and one copy of your orders. For more information call, 552-2599/4439 or stop by the Housing Office.



Chapel Schedule

Catholic Parish

- Monday through Wednesday and Friday Mass: 11:30 a.m. at the Chapel Center
- Thursday Mass: 11:30 a.m. at the Hospital Chapel
- Sunday Mass: 10:30 a.m. at Chapel 1
- Sunday Evening Mass: 7 p.m. at Chapel 2
- Confession: 6 p.m. Sundays at Chapel 2

Protestant Sunday

- Liturgical Service: 9 a.m. at Chapel 2
- Celebration Service: 9 a.m. at Chapel 1
- Gospel Service: noon at Chapel 1
- Fellowship Praise: 6 p.m. at Chapel 1

Religious Education

- Catholic Religious Education: Sunday at 9 a.m. at the Chapel Center.
- Protestant Sunday School: 10:30 a.m. at the Chapel Center.

For more information, call the Chapel at 552-4422.

Arctic Life

Great living in the great land



COURTESY PHOTO

Members of the 732nd Air Mobility Squadron picked up trash along the units designated bike path on Aug. 5. The squadron picked up more than 30 bags of litter on a two and a half mile stretch of the bike path that follows the Glenn Highway from the Anchorage Regional Landfill, south of Eagle River, to the Alaska National Guard Armory.

The unit has maintained the bike path for six years under the Alaskans for Litter Prevention and Recycling program. Volunteers adopt bike path routes in Anchorage and keep them free of litter throughout the summer.

ALPAR is a non-profit organization dedicated to increasing economically viable recycling and to eliminating litter in Alaska. In 2002 the 732nd AMS was one of six military units in Alaska recognized for their contribution to keeping Alaska litter free.



Blood Drive

The Blood Bank of Alaska will hold its monthly drive Monday, 9 a.m. to 6 p.m., at the Arctic Oasis Community Center.

Many people are out enjoying the summer where accidents can happen and blood is often needed. For example, one car accident can consume 50 units of blood. Come out and support this worthwhile cause. The life you save could be yours.

To schedule an appointment, contact your unit blood drive monitor or 1st Lt. Veronica Acker at 552-9982, email veronica.acker@elmendorf.af.mil, or 1st Lt. Graham Davey at 552-5324, email graham.davey@elmendorf.af.mil.



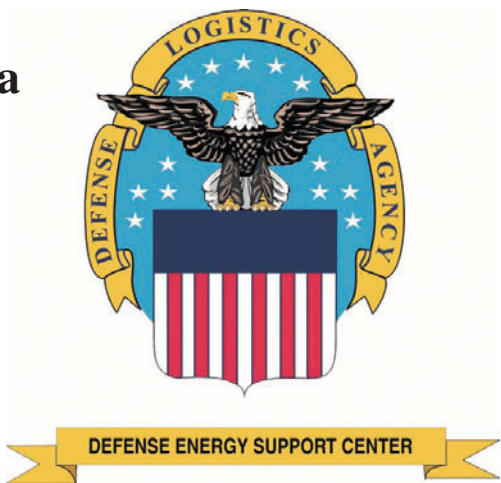
Maj. Bruce Bartholomew, commander

Unit Spotlight

Defense Energy Support Center Alaska

MISSION:

The Defense Energy Support Center Pacific is one of the four regions of the Defense Energy Support Center (DESC) located in Fort Belvoir, Virginia. DESC is a primary level field activity of the Defense Logistics Agency. It purchases and manages the Department of Defense's energy products, purchasing more light refined petroleum product than any other single organization or company in the world. With a \$3.5 billion annual budget, they procure nearly 110 million barrels of petroleum products each year.



Sharpening combat skills

Deliberate, tiered training enhances readiness skills

By Master Sgt. Tommie Baker
3rd Wing Public Affairs

Arctic warriors now gear up for deployments through a new course, Expeditionary Combat Skills Training.

“This is a three-day course designed to make Airmen proficient and comfortable with handling a weapon and working within a team to defend themselves, their team, and their mission,” said Senior Master Sgt. Bart Theisen, 3rd Security Forces Squadron, 3rd Wing Expeditionary Combat Skills Training superintendent.

Crawling around the woods in Alaska may not, at first glance, compare much to being “downrange” in hostile territory, but for arctic warriors here, it felt pretty real.

“The weather here might be different from the weather in Iraq, (or other locations around the world), but the combat-readiness skills we are teaching are as close as possible to those used over there,” said Sergeant Theisen.

Spending eight hours each day at the Camp Mad Bull training complex, Airmen drive around in Humvees and troop transports, confront ambushes and deal with trip wires and mock improvised explosive devices.

Since beginning the training June 27, the responses to it have been mixed.

“Most people have acquired some, but not all of these skills during their time in the Air Force. The majority of the students are surprised at what they learn.

“They don’t fully comprehend the diversity of our combat related duties in Iraq or Afghanistan,” said Sergeant Theisen.

“Most really enjoy the class, some want to spend an entire week in the field to include a couple of nights in tents at Camp Mad Bull. Everyone really seems to enjoy the Field Training Exercise on Thursdays.”

The training is not just for people that will be going into “hot” zones.

“Many servicemembers that are forward deployed are at relatively safe locations in Kuwait, the United Arab Emirates, Qatar or other Central Command locations near to, or in Iraq and Afghanistan. Since we can never be certain that we will not end up in a war zone, your best bet for survival is to get as much relevant training as possible, whenever it is offered,” said Sergeant Theisen.

The goal of the Air Force leadership is to “ensure every deploying Airman can achieve the same level of basic competencies in contingency skills,” said Lt. Gen. Roger Brady, Air Force deputy chief of staff, personnel. “Air Staff chartered an Integrated Process Team to start developing standardized pre-deployment training. With a standardized training program, field commanders will know every Airman will arrive with a baseline set of skills.”

“This is the beginning of a deliberate, tiered training plan to purposefully enhance readiness skills to meet the challenges of an expeditionary force – to prepare our Air Force to operate where we fight and win,” said General Brady.

“For me, the most challenging part is to put the entire training curriculum and equipment package together in a manner that provides realistic and up to date information to the deploying Airmen,” said Sergeant Theisen.

“For the students, the challenge is to quickly integrate into team elements consisting of fire teams, squads and a flight, to use their newly acquired skills to overcome enemy opposition on mock convoy missions.”

“The entire staff for this training, Senior Airman Ryan Lohman and Airman 1st Class Jena Gracey, both from the 3rd Security Forces Squadron, Senior Airman Brandon Ward, 3rd Civil Engineer Squadron, and Staff Sgt. Douglas Vontroba, Senior Airman Charles Holley and Airman 1st Class Kristy Locke, 3rd Logistics Readiness Squadron, have all done a great job instructing this course,” concluded Sergeant Theisen.



Above: Arctic warriors are trained in many areas during the three-day course, including convoy operations. Convoys are an integral aspect the logistics involved in keeping the forces equipped and mobile.



Left: Tech. Sgt. James Esparza, 3rd Communications Squadron, noncommissioned officer in charge of configuration mangement, looks out for enemy fire while on a field exercise during the Expeditionary Combat Skills training.



PHOTOS BY AIRMAN 1ST CLASS DE-JUAN HALEY

Above: Tech. Sgt. April Brittain, 3rd Communications Squadron, noncommissioned officer in charge of circuit actions, crosses the monkey bars during the Expeditionary Combat Skills training obstacle course. During the training, physical fitness and agility are key components that are emphasized as keys to combat readiness. Team members stand by to assist as members navigate the course.

On the cover: Lt. Col. Greg Schaelling, 611th Air Support Squadron commander, concentrates on keeping his balances as he goes across the rope during the Expeditionary Combat Skills training obstacle course.

Others unwanted can be yours

By Mary Rall
3rd Services Marketing

Car dealerships are a dime a dozen and everyone always wants to cut you a "deal." Patrons can take a chance with the local dealers or simply go to where the best deals around are, at the Auto Hobby Shop's Abandoned Vehicle Auction Saturday at the Services storage yard on the corner of 5th and Finletter streets.

A number of vehicles will hit the auction block with bids beginning as low as \$25 for complete vehicles. Vehicles to be auctioned have been abandoned on base, and all the proceeds for the sale go back to pay the overhead

for the auction and to pay for Auto Hobby Shop operations.

While some vehicles are drivable, there are some that need a little help getting to your doorstep. To meet this need, individuals who bid on cars should be prepared to have them towed, at their own expense, by an off base towing facility. Also, because these vehicles have been abandoned, many have no keys available.

Although the Auto Hobby Shop will attempt to provide a locksmith for patrons to purchase services from, anyone bidding on a vehicle should be prepared to have those services secured from an off base organization if

necessary. All vehicles will be sold as is and no warranties are expressed or implied.

About 100 vehicles will be auctioned, 30-40 of which are good for salvaging parts. Some include genuine deals such as 2002 models that are in excellent condition and some have received repairs at the Auto Hobby Shop and simply went unclaimed. These "repair repossessions" will be sold at a set fee to recover repair costs.

While there will be a number of real deals rolling off the lot, the auction is not limited to just vehicles, but may include items within them as well. Once vehicles are released for auction, the Auto Hobby Shop will search them for contraband, which will be seized and turned over to the base. However, all other items within the vehicles will become property of the winning bidder.

Viewing for the auction will begin Saturday at 11 a.m. and the auction will begin promptly at 1 p.m. All items purchased at the auction must be removed from the facility that day unless previous arrangements have been made. For more information, call 552-3473.



PHOTO BY STAFF SGT. DAVID DONOVAN

...:inside the fence

Movie at Century 16, Today from 2-5 p.m. for \$10.50 and snack money at the Young Adult Center. 753-2371

Open Bowling, Today from 5 p.m. to 1 a.m., at the Polar Bowl. 552-4108

All Night Xtreme Bowling, Saturday, 10 p.m. to 1 a.m. for \$18 per person, at the Polar Bowl. 552-4108

Missoula Children's Theater Hansel and Gretel Performance, Saturday at 3 p.m. and 7 p.m. at the Base Theater. 552-8529

Family Xtreme Bowling, Two hours of Xtreme bowling, shoe rental, two pitchers of soda and popcorn for \$30, Tuesday from 1-8 p.m., at the Polar Bowl. 552-4108

Tuesday Brunch, 10:30 a.m. to 1:30 p.m. at the Susitna Club. 753-3131

Red Pin Bowling, Get a red headpin strike and receive a free game for every paid game Monday from 5-9 p.m., at the Polar Bowl. 552-4108

HBR Fisherman's Challenge, Qualify to win a halibut fishing trip Monday and Tuesday from 5-9 p.m. at the Polar Bowl. 552-4108

Thunderbird Falls Trip, Monday, noon to 5 p.m., meet at the Youth Center. 552-2266

Basketball Registration, Monday-Sept. 16 at the Youth Center. 552-2266

Road Bike Training Ride, Monday at 5:30 p.m. for free at the Outdoor Recreation Center. 552-2023

Bowler Appreciation Night, Bowling for \$1.75 per game Tuesday from 5-9 p.m., at the Polar Bowl. 552-4108

Eagle River Rafting, Tuesday at 5 p.m. for \$25 with Outdoor Adventure Program. 552-2023

Draft Specials, Tuesday at the Polar Bowl's Igloo. 552-4108

Kayak Pool Training, Tuesday, 8 p.m. for \$25 in Fitness Center Pool with OAP. 552-2023

School Age Program Fall Registration, Wednesday through Aug. 19, 10 a.m. to 1 p.m. at the Ketchikan Site. 552-5091

New Parent Orientations, Wednesday, 10:30 a.m. at the CDCs. 552-8304

Wednesday Night Madness, Unlimited bowling Wednesday, 5-9 p.m. for \$18, at the Polar Bowl. 552-4108

Evening Hike, Wednesday, 5 p.m. for \$10 with OAP. 552-2023

Scarecrow Sap Bucket Tole Painting, Wednesday, 5:30-8:30 p.m. for \$35 at the Arts and Crafts Center. 552-7012

Introduction to Picture Framing, Wednesday, 5:30-9:30 p.m. for \$45 at the Arts and Crafts Center. 552-7012

Ceramic Flower Soup Cup and Saucer, Thursday, 6-9 p.m. for \$25, at the Arts and Crafts Center. 552-7012

Morning Coffee Conversation, Thursday, 10 a.m. at the Arctic Oasis Community Center. 552-8529

Boss and Buddy Night, Thursday at 4:30 p.m. at the Kashim Club. 753-2378

CGOC Night, Aug. 19 with \$1 drafts at The Cave. 753-3131

Air Force Ball Tournament, Aug. 19 for \$75 plus green fees at Eagle Glen. 552-3821

Retiree Appreciation Night, Aug. 19 retirees save 20 percent off their meal at the Susitna Club. 753-3131

Meet Family Child Care Providers, Aug. 19 from 10 a.m. to 1 p.m. at Paxton Park. 552-3995

Baked Potato Bar Social Hour, Aug. 19 from 5-6 p.m. featuring snacks and specials at The Cave and the Kashim Lounge. 753-3131

* Arts and Crafts Center classes must be signed up for three days in advance.

STACK 'EM HIGH: Load up at a Taco Bar Social Hour today from 5-6 p.m. featuring snacks and specials at The Cave and the Kashim Lounge. 753-3131

MOVIE: *There will be no movie today due to preparations for the Missoula Children's Theater production of "Hansel and Gretel."* The production may be seen Saturday at 3 p.m. and 7 p.m. at the Base Theater.

Movie at Century 16, Today from 2-5 p.m. for \$10.50 and snack money at the Young Adult Center. 753-2371

...:sat

FLOAT AWAY: Get swept away on a Matanuska Rafting Trip today at 5:30 p.m. for \$60 with the Outdoor Adventure Program. 552-2023

MOVIE: *There will be no movie today due to the Missoula Children's Theater production, "Hansel and Gretel."* The production may be seen at 3 p.m. and 7 p.m. at the Base Theater.

...:sun

STOCK UP: Fill your basket to overflowing with Alaska's best at a Berry Picking, at 10 a.m. for \$10 with the Outdoor Adventure Program. 552-2023

...:fyi

WIN CASH AND PRIZES: Stop by Services facilities to receive your Pentathlon game pieces and then log onto www.pacfive.com to play and qualify to win \$5,000 in cash and prizes such as iPods and cruise vacations. A complete list of events where pieces can be obtained are listed at www.pacfive.com. 552-5900

Celebrate your next special occasion at the Arctic Oasis Community Center. Party packages include baby showers, themed parties, sports themed packages and basic party packages. 552-8529

SPORTS PAGE

Rapid rookie racer wins triathlon

By Master Sgt. Tommie Baker
3rd Wing Public Affairs

The Chugach Challenge Triathlon began as a way to get more people involved with supporting, protecting, and loving the Chugach National Forest.

The triathlon is held as part of the Festival of the Forest, which commemorates the Chugach's birthday.

Alaska Center for the Environment once again hosted the annual Chugach Challenge Triathlon Aug. 6, to further appreciation of our country's wildest forest, and as a way to celebrate the 98th Birthday of the Chugach National Forest.

The race began at 9 a.m.

Participants arrived at the Pioneer Village, Milepost 48 on the Sterling Highway, just outside of Cooper Landing, early to allow enough time to get all their gear set-up.

The triathlon course included a five mile on-road run, a 20 mile on-road bike portion, and a four to six mile flat-water paddle portion.

Steven 'DG' Degregorio, a master sergeant with the 3rd Logistics Readiness Squadron, won the event this year, setting a new record with an overall time of two hours, eight minutes and 18 seconds – breaking the previous record by almost eight minutes.

Not only did he leave the field in his dust/wake, this was first time he'd participated in the event.

"I'm not into the water, this is my first triathlon. I've done six biathlons, and have always finished in the top 10," said DG.

He's been competing for the last five years, but has always been very active.

"I got into these (biathlons and triathlons) after I began racing mountain bikes in Europe," he said.

"I was a three year back-to-back champion in mountain bike racing for United States Air Forces Europe from 1996 to 1998.

"The bike aspect of the bi- and triathlon are my strengths. Since getting assigned here, I've gotten into kayaking, and thought, why not try a triathlon.



COURTESY PHOTO

Steven 'DG' Degregorio sprints the last few feet of the Chugach Challenge Triathlon held Aug. 6. 'DG' blasted the old record away with a time of two hours, eight minutes, and 18 seconds. The closest person was almost three minutes behind him.

"I hope to get back to Europe so I can do some road racing. That's where my real passion is."

Training for these events can be a challenge. "During the summer, it's easy to stay in

shape. However, when winter hits, the gym here on base is just what I need to prepare for these events," he said.

DG plans to take part in the Humpy's Half-Marathon, Aug. 21.

Basketball season just around the corner

Intramurals

There will be a basketball coaches meeting Sept. 1 at 9 a.m. at the Kenai Dining Facility.

The location may change so double check before the meeting.

This meeting is mandatory if a unit wants to have a team in this years basketball season.

Unit sports representatives need to be aware of entry into the league.

A letter of intent needs to be filled out and brought to the meeting,

not dropped off.

Also, a copy of the bylaws are available to look over by contacting Staff Sgt. Ron West.

For more information on this or any sports function, contact Sergeant West, 3rd Services Squadron sports director and personal trainer at 552-0613 or 552-3624, email ronald.west@elmendorf.af.mil.

Eielson Tourney

Eielson will hold a



30 and over basketball tournament, starting on or around Sept. 9.

The entry fee is \$200 with a 10 person team.

They are looking for at least 16 teams to hold a round robin event.

There will be two brackets of eight teams, playing each team in your bracket at least once.

Trophies will be awarded to 1st and

2nd place finishers, but each team will receive an Armed Forces Tournament T-shirt.

Anyone needing more information on this event can call or email Tech. Sgt. Zachary Bowman at 377-5205 or Zackary.Bowman@eielson.af.mil.

Rosters are due by Aug. 24.

Also anyone interested in coaching a team should contact Sergeant Bowman.

AF pioneers of the ‘40s

By **Capt. Tony Wickman**
Alaskan Command PA

ACROSS

- 1. Young men
- 5. Sinister
- 8. Affirm
- 12. Fit to _ ____; perfect
- 13. 23 ACROSS city
- 15. Store event
- 16. Survey
- 17. Fear of Flying writer Jong
- 18. Object surface
- 19. USAF hero Maj. Alston Glenn ____; USAAF band leader in WWII
- 21. Greek capital
- 23. NW state
- 24. Bungalow
- 25. Excited
- 28. Alcoholic beverage
- 29. Scientist’s work area
- 32. Disney Sci-Fi movie
- 33. Bunny
- 35. Self-importance
- 36. Zeus’ spouse
- 37. USAF hero Lt. Gen. Benjamin O. ____; first AF African-American

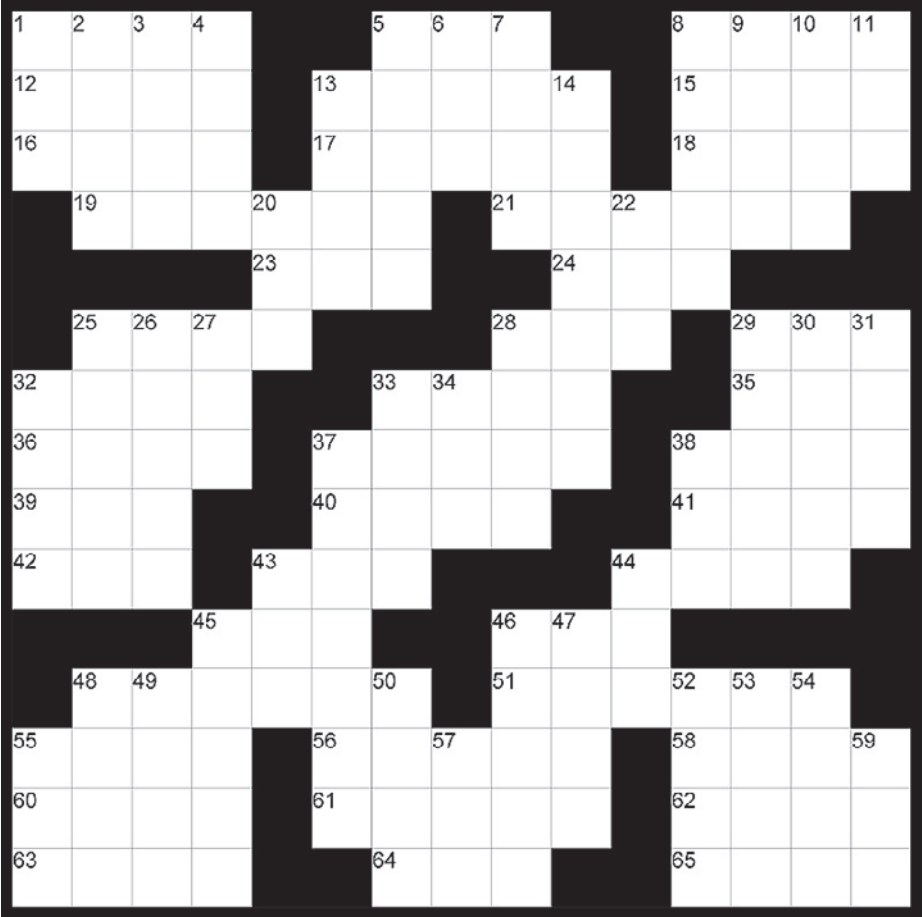


Last week’s solutions

- general
- 38. USAF pioneer Gen. ____ Spaatz; first CSAF in 1947
 - 39. School subj.
 - 40. Actor Ladd
 - 41. Thought
 - 42. 40s siren ____ West
 - 43. Health org.
 - 44. Clamp
 - 45. ... --- ...
 - 46. Grocery-store giant
 - 48. USAF pioneer/WWII ace Charles ____; first to break sound barrier
 - 51. USAF pioneer Lt. Gen. William ____; Operation Vittles commander
 - 55. South American country
 - 56. USAF pioneer Gen. Curtis ____; SAC founder
 - 58. Indian nursemaid
 - 60. British school
 - 61. Cruises the seas
 - 62. Video game manufacturer
 - 63. Leaning tower town
 - 64. USAF hero Col. George ____; Medal of Honor recipient
 - 65. Mil. quick

DOWN

- 1. Track run
- 2. Molecule
- 3. Sandwich shop
- 4. Peddle
- 5. Wilkes-____, P.A.
- 6. The Greatest boxer
- 7. Mil. commissary org.
- 8. Benefit
- 9. Boastful
- 10. USAF hero Brig. Gen. Robin ____; rated triple ace
- 11. Tiny
- 13. Oracle
- 14. USAF hero Sgt. Archibald ____;



- WWII Medal of Honor recipient
- 20. Timber
- 22. Barbarian
- 25. Stadium
- 26. Devour
- 27. Cat ____ Hot Tin Roof
- 28. Smile
- 29. Clues
- 30. Consent
- 31. South American rope with weights attached
- 32. 1954 James Whitmore B-movie
- 33. Angel’s headgear
- 34. Actress Gardner
- 37. Maidens
- 38. 102 to Cicero
- 43. Pig
- 44. Vehicle type
- 45. Roman bath
- 46. Axis power
- 47. ____ and Dolls
- 48. Abominable snowman
- 49. Greek god of love
- 50. Browse
- 52. Fed. space org.
- 53. For Your ____ Only
- 54. Hindu music type
- 55. Zest
- 57. Mil. duty status, possibly
- 59. USAF pioneer Henry “____” Arnold; only General of the Air Force